

A great upskilling opportunity came up if you'd like to benefit from the Construction Industry Training Board (CITB) accredited Level 1 Health and Safety training.

This training provides fundamental knowledge about health and safety practices in the construction industry, ensuring that workers understand the basic principles of staying safe on site.

Participants in this training will benefit in several ways:

- It helps workers comply with legal requirements. Many construction sites require proof of basic health and safety training before allowing workers on-site to meet regulatory standards.
- **CSCS Green Card**
Level 1 Health and Safety training is often a requirement for obtaining the CSCS (Construction Skills Certification Scheme) Green Labourer Card, which is necessary for entry-level positions on construction sites in the UK. This card demonstrates that the holder has a basic understanding of health and safety and it therefore improves someone's career prospects.
- **Accident Prevention**
It educates attendees on how to prevent common construction site accidents, which can reduce injuries, time off work, loss of earnings and it will improve overall site safety.
- **Hazard Recognition**
The training helps attendees identify potential hazards on construction sites and understand how to mitigate these risks effectively.
- **Improved Safety Culture**
The training contributes to fostering a culture of safety within the community and site, encouraging everyone to prioritise health and safety in their daily activities.

Overall, Level 1 Health and Safety in Construction training is a vital step for anyone entering the construction industry, equipping them with the essential knowledge to work safely, in compliance with legislation.

As a CITB approved training provider, the training will be delivered by our PiLON partners, providing you with real-life examples of how you can apply the skills learned.