

# Mansfield District Information Sheet

**Mansfield District Council:** Civic Centre, Chesterfield Road South, Mansfield, Nottinghamshire. NG19 7BH – The Offices are closed

[www.mansfield.gov.uk](http://www.mansfield.gov.uk)

Tel: 01623463463

[mdc@mansfield.gov.uk](mailto:mdc@mansfield.gov.uk)

## **Coronavirus Community Support Online Hub:**

[www.mansfield.gov.uk/homepage/100/coronavirus-community-support](http://www.mansfield.gov.uk/homepage/100/coronavirus-community-support)

## **Neighbourhood Wardens**

### **Team leaders**

Matt: 07875 399949

Craig: 07890 663323

### **North**

(Abbott, Brick Kiln, Broomhill, Bull Farm and Pleasley Hill, Grange Farm, Holly, Hornby, Kingsway, Ladybrook, Manor, Market Warsop, Maun, Netherfield, Newlands, Park Hall, Peafields, Penniment, Sherwood, Warsop Carrs, Woodhouse, Yeoman Hill)

Andy: 07814 390615

Ben: 07976 405335

Chris: 07791 481678

### **Central**

(Town centre including Portland and Woodlands wards)

Ady: 07976 405315

Chris: 07973 543698

Simon: 07814 486375

### **South**

(Berry Hill, Carr Bank, Eakring, Kings Walk, Ling Forest, Lindhurst, Newgate, Oakham, Oak Tree, Racecourse, Ransom Wood, Sandhurst)

Frank: 07970 538279

Michelle: 07970 538328

Tony: 07976 405308

## **Out of hours antisocial behaviour hotline**

01623 460144

## **Supermarkets and Food Deliveries**

Asda – Bancroft Lane, Mansfield, NG18 5LG

Hours:

Thursday	8am–8pm
Friday	8am–8pm
Saturday	8am–10pm
Sunday	10am–4pm
Monday	8am–10pm
Tuesday	8am–10pm
Wednesday	8am–8pm

Phone: 01623 581600

Morrisons – Sutton Road, Sutton-in-Ashfield, Mansfield, NG18 5HL

Hours:

Thursday	8am–8pm
Friday	8am–8pm
Saturday	8am–8pm
Sunday	10am–4pm
Monday	8am–8pm
Tuesday	8am–8pm
Wednesday	8am–8pm

Phone: 01623 655425

Sainsbury's – Nottingham Road, Mansfield, NG18 1BW

Thursday	8am–8pm
Friday	8am–8pm
Saturday	8am–8pm
Sunday	10am–4pm
Monday	8am–8pm
Tuesday	8am–8pm
Wednesday	8am–8pm



Paragon Asra

**PA Housing**

Asda – Old Mill Lane, Forest Town, Mansfield, NG19 0HA

Thursday 8am–8pm  
Friday 8am–8pm  
Saturday 8am–8pm  
Sunday 10am–4pm  
Monday 8am–8pm  
Tuesday 8am–8pm  
Wednesday 8am–8pm

Aldi – Nottingham Road, Mansfield, NG18 1BW

Thursday 8am–10pm  
Friday 8am–10pm  
Saturday 8am–10pm  
Sunday 10am–4pm  
Monday 8am–10pm  
Tuesday 8am–10pm  
Wednesday 8am–10pm

## Foodbanks

Food banks are designed to provide short-term, emergency support with food during a crisis. Their aim is to relieve the immediate pressure of the crisis by providing food, while also providing additional support to help people resolve the crises that they face.

The Salvation Army	Victoria Street Mansfield NG18 5SB	01623 652021	
Sherwood Forest Food Bank	The Stables Café Church Street Mansfield Woodhouse  NG19 8HA	07932 452533	
Shirebrook Christian Church food bank	18-26 Main Street Shirebrook Mansfield NG20 8DG	01634 744371	
Shirebrook Methodist Church - Freedom Centre	4 Church Drive Shirebrook Mansfield  NG20 8DE	01623 743263	

Paragon Asra

 PA Housing

Bridge Street Methodist Church

Bridge Street  
Mansfield  
NG18 1AL

01623 640845

The Trussell Trust – Stable Centre, 12 Church Street, Mansfield Woodhouse, NG19 8BL

Hours:

Thursday 1:30–4pm  
Friday Closed  
Saturday Closed  
Sunday Closed  
Monday 1:30–4pm  
Tuesday Closed  
Wednesday Closed

Phone: 07932 452533

When you contact a foodbank direct, inform them you are a PA Housing resident. We have agreements with many foodbanks and it may assist them in deciding whether they can help you.

The Trussell Trust covers approximately 75% of the Foodbanks across the UK. If the local numbers can't provide the help and support you need, try the Trust at <https://www.trusselltrust.org/coronavirus-food-banks/> or on 01722 580180. It may help find foodbanks near to you and give you contact details to see what they are offering local residents.

### Local Pharmacies

Rosemary Street Pharmacy – Rosemary Street, Mansfield, NG19 6AB

Hours:

Thursday 7:30am–10pm  
Friday 7:30am–10pm  
Saturday 8am–10pm  
Sunday 8:30am–10pm  
Monday 7:30am–10pm  
Tuesday 7:30am–10pm  
Wednesday 7:30am–10pm

Phone: 01623 622413

Manor Pharmacy – Ladybrook Pharmacy, 18 Ladybrook Lane, Mansfield, NG18 5JP

Hours:

Thursday	9am–5:30pm
Friday	9am–5:30pm
Saturday	9am–1pm
Sunday	Closed
Monday	9am–5:30pm
Tuesday	9am–5:30pm
Wednesday	9am–5:30pm

Phone: 01623 626182

Peak Pharmacy – 40 Rosemary Street, Mansfield, NG18 1QL

Hours:

Thursday	9am–1:30pm, 2–6pm
Friday	9am–1:30pm, 2–6pm
Saturday	Closed
Sunday	Closed
Monday	9am–1:30pm, 2–6pm
Tuesday	9am–1:30pm, 2–6pm
Wednesday	9am–1:30pm, 2–6pm

Phone: 01623 623785

Rowlands Pharmacy – 6 Sherwood Street, Warsop, Mansfield, NG20 0JN

**Hours:**

Friday	10am–5:30pm
Saturday	10am–5pm
Sunday	Closed
Monday	10am–5:30pm
Tuesday	10am–5:30pm
Wednesday	10am–5:30pm
Thursday	10am–5:30pm

Rowlands Pharmacy – 3 Ossington Close, Meden Vale, Mansfield, NG20 9PZ

**Hours:**

**Friday 10am–6pm**

Saturday Closed

Sunday Closed

Monday 10am–6pm

Tuesday 10am–6pm

Wednesday 10am–5pm

Thursday 10am–6pm

**Other Essential Shops and Surgeries**

All Dentists, opticians and vets are open as usual.

**Local Banks and Banking**

Main banks in Leicester appear to be keeping regular hours.

Online and phone banking normal but obviously busy

**Local Support**

Mansfield Citizens Advice – 16 Regent Street, Mansfield, NG18 1SS

**Hours:**

**Friday 9:30am–12pm**

Saturday Closed

Sunday Closed

Monday 9:30am–4pm

Tuesday 9:30am–4pm

Wednesday 9:30am–4pm

Thursday 9:30am–4pm

**Phone: 0344 411 1444**

Nidas – Nottinghamshire Independent Domestic abuse service – Business Centre  
Ashfield House, NG18 2AE

**Hours:**

**Friday 9am–4:30pm**

Saturday Closed

Sunday Closed

Monday 9am–5pm

Tuesday 9am–5pm

Wednesday 9am–5pm

Thursday 9am–5pm

**Phone:** 01623 683250

The Samaritans of Mansfield District – 1A Grove Street, Mansfield, NG18 1EL

**Hours:**

**Friday 10am–1pm**

Saturday 9am–1pm

Sunday 10am–1pm

Monday 9am–9pm

Tuesday 11am–2pm, 6:30–8pm

Wednesday 10am–1pm, 6:30–8pm

Thursday 10am–1pm, 6:30–8pm

**Phone:** 0330 094 5717

Mansfield Jobcentre – Mansfield Civic Centre, Chesterfield Road,  
Mansfield, NG19 7BH

**Hours:**

**Friday 9am–5pm**

Saturday Closed

Sunday Closed

Monday 9am–5pm

Tuesday 9am–5pm

Wednesday 10am–5pm

Thursday 9am–5pm

**Phone:** 0800 169 0190

## **Health and Wellbeing**

Here are some contacts that may help with a number of health and wellbeing issues

General health: [www.nhs.uk](http://www.nhs.uk) or call 111

Support for mental health issues: [www.mind.org.uk/information-support/coronavirus](http://www.mind.org.uk/information-support/coronavirus)  
or [www.mind.org.uk](http://www.mind.org.uk) or call 020 8519 2122

Senior citizen's support: [www.ageuk.org.uk](http://www.ageuk.org.uk) or <https://www.ageuk.org.uk/information-advice/coronavirus/> or call **0800 678 1602**. – open 8am to 7pm, every day of the year.

Daily Meditation – online app providing support through meditation, sleep and movement exercises: [www.headspace.com](http://www.headspace.com) or <https://www.headspace.com/covid-19>

Alzheimer's Support - advice for people living with dementia: Call 0333 150 3456 or [www.alzheimers.org.uk](http://www.alzheimers.org.uk)

Online Counselling – Cognitive Behavioural Therapy: [www.iesohealth.com](http://www.iesohealth.com) or call 0800 074 5560

Domestic abuse advice: [www.womensaid.org.uk](http://www.womensaid.org.uk) or call 0808 2000 247 (women) 0808 801 0327 (men), [www.refuge.org.uk](http://www.refuge.org.uk) and [www.mankind.org.uk](http://www.mankind.org.uk) or call 01823 334244

Citizens Advice England [www.citizensadvice.org.uk/](http://www.citizensadvice.org.uk/) or call 03444 111 444



**Gyms, libraries, council healthy walks and fitness classes** are closed however here are some exercises you can do at home:

Over 70s Sitting exercises	<a href="https://www.nhs.uk/live-well/exercise/sitting-exercises/">https://www.nhs.uk/live-well/exercise/sitting-exercises/</a>	Home Keeping Fit - Online only
Gym free exercises	<a href="https://www.nhs.uk/live-well/exercise/gym-free-exercises/">https://www.nhs.uk/live-well/exercise/gym-free-exercises/</a>	Cheap and fun gym-free activities to improve health and fitness.
CBeebies	<a href="https://www.bbc.co.uk/cbeebies/grown-ups/fun-exercises-to-do-at-home-with-kids">https://www.bbc.co.uk/cbeebies/grown-ups/fun-exercises-to-do-at-home-with-kids</a>	Fun exercises to do at home with kids
World Stories with Kids	<a href="https://worldstories.org.uk/">https://worldstories.org.uk/</a>	Stories available in numerous languages: <a href="https://worldstories.org.uk/library">https://worldstories.org.uk/library</a>
CBBC	<a href="https://www.bbc.co.uk/cbbc">https://www.bbc.co.uk/cbbc</a>	Games, quizzes and puzzles
BBC	<a href="http://www.bbc.co.uk/scotland/brainSMART/games/">http://www.bbc.co.uk/scotland/brainSMART/games/</a>	Brain games for adults
Games online	<a href="https://www.chess.com/">https://www.chess.com/</a> <a href="https://www.roalddahl.com/shop/gifts-toys-and-games/roald-dahl-monopoly">https://www.roalddahl.com/shop/gifts-toys-and-games/roald-dahl-monopoly</a>	Chess Monopoly (for adults & kids)
Mind	<a href="https://www.mind.org.uk/need-urgent-help/how-can-i-distract-myself/games-and-puzzles/">https://www.mind.org.uk/need-urgent-help/how-can-i-distract-myself/games-and-puzzles/</a>	Distraction when you're in crisis
NHS	<a href="https://www.nhs.uk/conditions/nhs-fitness-studio/pilates-for-beginners/">https://www.nhs.uk/conditions/nhs-fitness-studio/pilates-for-beginners/</a>	Free Pilates for beginners
British Heart Foundation	<a href="https://www.bhf.org.uk/information-support/heart-matters-magazine/activity/yoga/yoga-poses">https://www.bhf.org.uk/information-support/heart-matters-magazine/activity/yoga/yoga-poses</a>	Chair based yoga

